# West Liberty University

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Dear New Student and Parent,

WELCOME to West Liberty University! As a parent or a new student we know you have particular concerns and questions. Many of us are also parents and have been students who have lived the experience and adventure you are just beginning. We want to put your mind at ease by offering some information especially for you.

WLU is a small place but you'll still need to learn how to meet your needs on campus. In terms of health, our area of expertise, we know that here at the Student Health Service we offer excellent, convenient, and available health care and "lifestyle" information.

### **Staying Healthy**

The Student Health Service, located in the lower level of Shaw Hall, is an ambulatory care medical clinic. The office is open weekdays from 7:00AM to 3:00 PM with extended hours until 5pm by appointment. Most services are free and are available to all registered students (regardless of insurance). Students are our only clients.

Besides providing medical care, the Student Health Service provides advice on healthy living. Good eating habits and sleep cannot be underestimated. We're here if you need us, but we'd prefer you stay well.

We strongly advise all students to take advantage of our services. Even students living off campus and commuting can become ill while on campus and need medical attention.

#### **Student Health Portal**

The required health forms are to be completed by logging in to the Student Health Portal at westliberty.studenthealthportal.com. You can also find the Student Health Portal on the Single Sign-On page on the GO WLU website . You will need your WLU Single Sign-On (SSO) credentials to sign in. Failure to submit these forms may result in being denied treatment, participation in intercollegiate sports, or entry into some academic programs.

#### Insurance

We strongly advise that you have supplemental health insurance coverage. The Student Health Service is here for you, but we are not open 24 hours a day, 7 days a week. Without insurance, illnesses and accidents can interfere with your ability to continue your studies.

WLU is in an area where the nearest hospitals are 15 miles away. These facilities are not free, or cheap. Without this provision, a relatively simple knee injury can send you home for care that may need to continue for months.

## **A Personal Contact**

Back to the beginning - WLU is made up of individuals. There are many willing and helping hands offered. Here is ours, from the Student Health Service. Feel free to call, visit, or e-mail for any information or help you need. If we can't provide it, we can lead you to another out-stretched hand. Welcome and good luck!

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