

# 2014-2015

## 4 YEAR PLAN OF STUDY

### HEALTH & PHYSICAL EDUCATION (Education Track)

\* FALL/SPRING class only # course requires a field experience in a school

<p><b><u>Fall – Freshman</u></b>            ENG 101 Freshman English I (3)            College 101 Freshman Experience (2)            Fine Arts (Art, Music, Theater Appreciation) (3)            EDUC 100 Introduction to Education (1)            MATH 102, 140, 145, 160, or 210 (3)            *#PE 108 Team Sports I (3)            *PE 120 Introduction to Health &amp; Phys Ed (2)            #Field I  <b>17 hrs</b></p>	<p><b><u>Spring - Freshman</u></b>            ENG 102 Freshman English II (3)            PHYS 190/191 Physical World/Lab (4)            COM 101 Oral Communications (3)            HIST 103, or 104, or 210, or 211 (3)            *#PE 117 Individual &amp; Rec Sports (3)            PE 258 Motor Development (2)            #Field II  <b>18 hrs</b></p>
<p><b><u>Fall – Sophomore</u></b>            EDUC 207 Foundations of Ed (3)            PSYC 101 Intro to Psychology (3)            HE 320 Mental Health/Drug Use (3)            HE 360 Community Health (3)            PE 211 Group Fitness Leadership (2)            PE 240 Anatomy &amp; Physiology (3)  <b>17 hrs</b></p>	<p><b><u>Spring – Sophomore</u></b>            EDUC 290 Instructional Technology (3)            BIO 105/106 Life Sci for Non Major/Lab (4)            PE 326 Tests &amp; Measurements (2)            *PE 365 Psych &amp; Soc of PE (2)            PE 395 Kinesiology (3)            *HE 370 Teaching Elem Health (3)            #EDUC 209 Field Practicum I  <b>17 hrs</b></p>
<p><b><u>Fall – Junior</u></b>            Fine Arts (Art, Music, Theater Appreciation) (3)            SPED 241 Intro to Exceptionalities (3)            *PE 106 Primary Movements (2)            PE 345 Physiology of Exercise I (3)            *HE 340 Human Sexuality (3)            EDUC 301 Educational Psychology (3)  <b>(MUST HAVE PASSED PRAXIS I)</b>  <b>17 hrs</b></p>	<p><b><u>Spring – Junior</u></b>            SDE 232 First Aid &amp; Emergency Services (3)            GEO 205 or 206 (3)            ENG LIT (any Lit class with ENG prefix) (3)            *HE 468 School Health: Instruc &amp; Legal (3)            *PE 452 Adapted PE (2)            HE 300 Nutrition &amp; Physical Fitness (3)  <b>17 hrs</b></p>
<p><b><u>Fall – Senior</u></b>  <b>M&amp;M BLOCK (MUST HAVE PASSED PRAXIS I)</b>            SPED 320 Collaborative Planning (3)            READ 302 Content Reading (3)            EDUC 293 Instructional Design (3)            EDUC 340 M&amp;M for Secondary Teachers (4)                EDUC 342 M&amp;M Lab for PE                EDUC 342 M&amp;M Lab for HE            #EDUC 309 Practicum II            SOC 150 Basic Concepts of Sociology (3)  <b>16 hrs</b></p>	<p><b><u>Spring – Senior</u></b>  <b>PROFESSIONAL SEMESTER</b>            EDUC 409 School Law &amp; Organization (1)            EDUC 470 Student Teaching Seminar (1)            EDUC 480 Student Teaching in ECE (0-2)            EDUC 484 Student Teaching in MCE (0-10)  <b>12 hrs</b></p>

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#### (Athletic Coaching Education Track)

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<p><b><u>Fall – Freshman</u></b>            ENG 101 Freshman English I (3)            College 101 Freshman Experience (2)            Fine Arts (Art, Music, Theater Appreciation) (3)            MATH 102, 140, 145, 160, or 210 (3)            *#PE 108 Team Sports I (3)            *PE 120 Introduction to Health &amp; Phys Ed (2)</p> <p><b>16 hrs</b></p>	<p><b><u>Spring - Freshman</u></b>            ENG 102 Freshman English II (3)            PHYS 190/191 Physical World/Lab (4)            COM 101 Oral Communications (3)            *#PE 117 Individual &amp; Rec Sports (3)            PE 240 Anatomy &amp; Physiology (3)</p> <p><b>16 hrs</b></p>
<p><b><u>Fall – Sophomore</u></b>            HE 320 Mental Health/Drug Use (3)            PE 211 Group Fitness Leadership (2)            PE 258 Motor Development (2)            PE 395 Kinesiology (3)            Coaching elective (1)            BIO 105/106 Life Sci for Non Major/Lab (4)</p> <p><b>15 hrs</b></p>	<p><b><u>Spring – Sophomore</u></b>            PE 354 Facilities Management (2)            *PE 365 Psych &amp; Soc of PE (2)            *PE 371 Compliance (2)            *PE 452 Adapted PE (2)            Coaching Elective (1)            HE 360 Community Health (3)            SOC 150 Basic Concepts of Sociology (3)</p> <p><b>15 hrs</b></p>
<p><b><u>Fall – Junior</u></b>            *HE 340 Human Sexuality (3)            *PE 320 Principles of Coaching (3)            PE 326 Tests &amp; Measurements (2)            PE 345 Physiology of Exercise I (3)            *PE 355 Sport Law (2)            SDE 232 First Aid &amp; Emergency Services (3)</p> <p><b>16 hrs</b></p>	<p><b><u>Spring – Junior</u></b>            GEO 205 or 206 (3)            HIST 103, or 104, or 210, or 211 (3)            EP 299 Strength &amp; Conditioning (3)            EP 450 Biomechanics (3)            *PE 342 Care &amp; Prevention (2)            Coaching Elective (1)</p> <p><b>15 hrs</b></p>
<p><b><u>Fall – Senior</u></b>            Fine Arts (Art, Music, Theater Appreciation) (3)            ENG LIT (any Lit class with ENG prefix) (3)            PE 326 Tests, Measurements &amp; Research Design (2)            Coaching Elective (1)            CEP 463 Leadership in Community Ed (3)            HE 300 Nutrition &amp; Physical Fitness (3)</p> <p><b>15 hrs</b></p>	<p><b><u>Spring – Senior</u></b>            PSYC 101 Intro to Psychology (3)            *PE 322 Organization &amp; Administration (3)            PE 440 Coaching Internship (6)</p> <p><b>12 hrs</b></p>