

**WEST LIBERTY UNIVERSITY  
DEPARTMENT OF HEALTH & HUMAN PERFORMANCE  
HEALTH EDUCATION REQUIREMENTS  
2012 – 2013**

NAME \_\_\_\_\_

DATE ENROLLED \_\_\_\_\_

HOME ADDRESS \_\_\_\_\_

SECOND FIELD \_\_\_\_\_

\_\_\_\_\_

ADVISOR \_\_\_\_\_

<b>COURSE</b>	<b>CREDIT HOURS</b>	<b>GRADE</b>	<b>SEMESTER TAKEN</b>
<b>Students must earn a GPA of 2.5 or higher for all courses listed.</b>			
HE 150 Introduction to Health Education (Fall only)	3		
HE 300 Nutrition and Fitness	3		
HE 320 Mental Health & Drug Use and Abuse (Fall only)	2		
HE 340 Human Sexuality and the Family (Fall only)	2		
HE 360 Community and Environmental Health	3		
HE 468 School Health: Instruction & Legalities <b>(PREREQ: JUNIOR/SENIOR STANDING)</b> (Spring only)	4		
HE 470 Current Health Issues Seminar (Spring only)	1		
SDE 232 First Aid & Emergency Services	3		
PE 211 Group Fitness Leadership <b>OR</b> PE 101 Beginner Swim & PE 117 Individual & recreational Sports (Fall only)	2		
PE 240 Anatomy & Physiology	3		
PE 258 Motor Development	3		
PE 326 Tests, Measurements, & Research Design	2		
PE 395 Kinesiology <b>(PREREQ: PE 240)</b>	3		
PE 452 Adapted Physical Education (Spring only)	2		
GERO 300 Prev & Healthy Aging (Fall Odd Years) <b>OR</b> HE 370 Teaching Elem Health (Spring only)	3		
PSYCH 101 Introduction to Psychology	3		